

	State of Indiana Indiana Department of Correction Division of Youth Services	Effective Date	Page 1 of	Number
		4/1/2022	2	2.29Y
HEALTH CARE SERVICES DIRECTIVES-YOUTH SERVICES Manual of Policies and Procedures				

Title PERSONAL HYGIENE

Legal References (includes but is not limited to)	Related Policies/Procedures (includes but is not limited to)	Other References (includes but is not limited to)
IC 11-8-5-2	01-02-101	National Correctional Health Care Standards

I. PURPOSE:

This Health Care Services Directive (HCSD) describes required support for appropriate personal hygiene.

II. GUIDELINES:

A. Youth shall be provided with the opportunity to practice appropriate personal hygiene. Articles necessary for maintaining proper personal hygiene are available to all youth. To this end, the following items must be made available, either at no charge or through commissary sources:

- Soap, and shampoo
- Comb,
- Toothbrush,
- Toothpaste,
- Dental floss,
- Toilet paper,
- Deodorant,
- Shaving equipment and supplies, and
- For females, sanitary napkins/tampons.

B. If an individual abuses any of these items or uses any in a manner that endangers safety or security, the privilege of having them may be suspended. Suspensions shall be decided by the Warden/designee after consultation with Mental Health

HEALTH CARE SERVICES DIRECTIVE-YOUTH

Indiana Department of Correction

Manual of Policies and Procedures

Number 2.29Y	Effective Date 4/1/2022	Page 2	Total Pages 2
Title PERSONAL HYGIENE			

Staff.

- C. Youth are permitted to shower or bathe daily and after strenuous exercise.
- D. Youth with disabilities shall be provided support to perform self-care and personal hygiene in a reasonably private environment.
- E. A youth shall be provided the opportunity to have three (3) complete sets of clean clothing per week.
- F. Haircuts and shaving implements shall be made available periodically subject to security regulation and mental health considerations.
- G. Implements for cutting fingernails and toenails shall be made available periodically subject to security regulation and mental health considerations.

III. APPLICABILITY:

This HCSD is applicable to all facilities providing Health Services to youth.

Signature on file

Kristen Dauss, MD
Chief Medical Officer

Date